



*Dialogue between the genders is a course in gender issues for trainers developed by a team of experts in training organisations from Spain, Germany, UK & Poland co-funded by the EU Commission (Socrates-Grundtvig)*

*We are all confronted with gender issues and conflicts in both our professional and private lives. Here are some usual strategies that trainers said they used in these situations.:*

- *"I change the subject", "I don't teach this subject or group again", ... avoidance, impulses to run away ...*
- *"I feel embarrassment", "I am responsible and should be able to change the situation", ... stress, burnout*
- *"I impress the statistics and information upon my learners", "I demonstrate that women are victims of a patriarchal system", ... "I get angry with learners"*
- *"I get support, supervision, more training or personal therapy for myself"*

*We have developed this training to help you address these issues.*

### **The Gender Dialogues Training**

- *Improves your capacity to deal with gender issues at work with your learners and service users*
- *Explores gender issues, specifically male and female identities and roles*
- *Offers a safe and confidential setting to explore and address the difficult emotions that arise in communication between genders*
- *Supports and empowers you to follow and reflect on your own process*
- *Helps you to find the most appropriate tools for you to make the genuine and sustainable changes that you want for yourself, as a professional and as a unique individual*

The time will be mostly spent in experiential reflective learning, (sometimes in small subgroups) jointly facilitated by a team composed of a woman and a man. Over the five days some time is spent in homogeneous men's and women's groups which support deeper inquiry.

We support participants by establishing a safe, non-judgemental learning community to explore gender related conflicts and to place them into broader contexts. Participants are empowered to explore their own process for learning, developing awareness of other internal processes that block learning and communication.

We propose creative experiments and exercises for participants to:

- *explore male and female communication, conflicts, identities and roles*
- *develop sensitivity to their own deeper defence mechanisms and learning potential, through movement and body-work*
- *strengthen their personal, emotional and creative approaches to difficult or conflictive situations.*
- *develop a personal "Action Plan" to help them address difficult gender issues in their work and personal lives. We work to ensure that this plan is meaningful, realistic and sustainable for each person.*

This course has been produced with the assistance of the European Union. It is the sole responsibility of the **Dialogue between the genders** partnership and can no way be taken to reflect the views of the European Union.

### **New Courses in 2008**

- **Barcelona, Spain: 1 - 5 July**
- **Gdansk, Poland: 15 - 19 September**

**Full booking to be completed by 31 March to receive full EU funding**



### **For more Information and Pre-registration:**

First - have a look at our website and let us know your interest: [www.gendialogues.org](http://www.gendialogues.org)  
E-mail: [norman\\_d@elartede.com](mailto:norman_d@elartede.com)

Then - You need to complete and send an "In-service training" application form by **31 March 2008**. You will find this in your own language via your [National Agency](#)

Let us know at every step so we can help you. The detail in the application form is important.

**Course Number: ES-2008-195-0002**

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